

Lunch Menu

Lehigh Valley Dual Language Charter School

August 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

28 Salisbury Steak 🍖
Heartzel Pretzels
Chicken Salad Sandwich 🍔
Broccoli with Sauteed Onions & Peppers
Applesauce
1% Milk
Fat Free Chocolate Milk
Fat Free Milk

29 Roasted Turkey with Gravy
Heartzel Pretzels
BBQ Pulled Pork Sandwich 🍔
Baked Sweet Potatoes
Fresh Pear
1% Milk
Fat Free Chocolate Milk
Fat Free Milk

30 General Tso's Chicken w/ Rice & Carrots
Mac & Cheese with Ham 🍔
Fresh Banana
1% Milk
Fat Free Chocolate Milk
Fat Free Milk

31 Meatball Hero 🍔
Club Roll
Cheesy Pork Quesadilla 🍔
Pinto Bean Confetti Salad
Sliced Apples
1% Milk
Fat Free Chocolate Milk
Fat Free Milk

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

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